

# Nutritionally DELICIOUS

Nut Free Plant

## Blueberry Muffin

### Nutrition Facts

1 Servings Per Container  
Serving Size 3 1/10oz (88g)

Amount Per Serving	% Daily Value*
<b>Calories</b> 270	
<b>Total Fat</b> 9g	<b>11%</b>
Saturated Fat 2g	<b>11%</b>
Trans Fat 0g	
<b>Cholesterol</b> 00mg	<b>0%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrates</b> 38g	<b>14%</b>
Dietary Fiber 2g	<b>9%</b>
Total Sugars 16g	
Includes 15g Added Sugars	<b>30%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.3mg	8%
Potassium 100mg	2%

\*The Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** Whole Wheat Flour, Enriched Bread Flour, (wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), Blueberries, Sugar, Eggs, Water, Milk, Trans Fat Free Butter Blend (Soybean Oil, Palm Oil, Water, Salt, Mono and Diglycerides, Soybean Lecithin (Soy), Sodium Benzoate added as a preservative. Natural Butter Flavor, colored with Annatto, Vitamin A Palmitate Added), Soybean Oil, Sour Cream, Baking Powder, Salt, Baking Soda

**Contains:** Wheat, Milk, Eggs and Soy

Speciality designed for Grades K-12  
Labeled and Retail Ready  
51% Plus Whole Wheat



Product#	Description	Case Pack	Case Dimensions	Ti/Hi	Case Cube	Gross Case Weight	Net Case Weight	Cases per Pallet
7064677	3.1oz Blueberry Muffin IW	48	18" x 12.75" x 6"	8 x 12	10	15 Lbs	Avg. 12 Lbs	72