

# Nutritionally DELICIOUS



**Nut Free Plant**

Nutrition Facts	
1 Servings Per Container	
Serving Size 3 1/10oz (88g)	
Amount Per Serving	
<b>Calories</b>	<b>240</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 00mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrates</b> 34g	<b>13%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 15g	
Includes 13g Added Sugars	<b>25%</b>
<b>Protein</b> 5g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.1mg	6%
Potassium 110mg	2%

\*The Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet 2,000 calories a day is used for general nutrition advice.

## Apple Muffin

**INGREDIENTS:** Whole Wheat Flour, Enriched Bread Flour, (wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), Fresh Apples, Gran Sugar, Eggs, Whole Milk, Trans Fat Free Butter Blend (Soybean Oil, Palm Oil, Water, Salt, Mono and Diglycerides, Soybean Lecithin (Soy), Sodium Benzoate added as a preservative. Natural Butter Flavor, colored with Annatto, Vitamin A Palmitate Added) Soybean Oil, Sour Cream, Baking Powder, Cinnamon, Vanilla, Salt, Baking Soda.

**Contains:** Wheat, Soy, Milk and Egg

Speciality designed for Grades K-12  
Labeled and Retail Ready  
51% Plus Whole Wheat



Product#	Description	Case Pack	Case Dimensions	Ti/Hi	Case Cube	Gross Case Weight	Net Case Weight	Cases per Pallet
7064877	3.1oz Apple Muffin IW	48	18" x 12.75" x 6"	8 x 12	10	15 Lbs	Avg. 12 Lbs	72