

# Nutritionally DELICIOUS



**Nut Free Plant**

**Nutrition Facts**  
1 Servings Per Container  
Serving Size 2oz (57g)

Amount Per Serving	
<b>Calories</b>	<b>150</b>
	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>6%</b>
Trans Fat 0g	
<b>Cholesterol</b> 00mg	<b>0%</b>
<b>Sodium</b> 140mg	<b>6%</b>
<b>Total Carbohydrates</b> 22g	<b>8%</b>
Dietary Fiber 2g	<b>5%</b>
Total Sugars 10g	
Includes 8g Added Sugars	<b>16%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron .7mg	4%
Potassium 70mg	2%

## Apple Muffin

**INGREDIENTS:** Whole Wheat Flour, Enriched Bread Flour, (wheat flour, malted barley flour, niacin, iron, potassium bromate, thiamin mononitrate, riboflavin, folic acid), Fresh Apples, Gran Sugar, Eggs, Whole Milk, Trans Fat Free Butter Blend (Soybean Oil, Palm Oil, Water, Salt, Mono and Diglycerides, Soybean Lecithin (Soy), Sodium Benzoate added as a preservative. Natural Butter Flavor, colored with Annatto, Vitamin A Palmitate Added) Soybean Oil, Sour Cream, Baking Powder, Cinnamon, Vanilla, Salt, Baking Soda.

**Contains:** Wheat, Soy, Milk and Egg

Speciality designed for Grades K-12  
Labeled and Retail Ready  
51% Plus Whole Wheat



Product#	Description	Case Pack	Case Dimensions	Ti/Hi	Case Cube	Gross Case Weight	Net Case Weight	Cases per Pallet
1201189	2oz Apple Muffin IW	72	18" x 12.75" x 6"	8 x 12	10	15 Lbs	Avg. 12 Lbs	72